



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

March - May 2022

JOHN P. THAYER YMCA

POOL SCHEDULE

SUNDAY

1 PM - 2:30 PM
LAP & FAMILY
SWIM

2:30 PM - 4:30 PM
Kayaking
*One lap lane open

MONDAY

5 AM - 6 AM
POOL CLOSED

6 AM - 2 PM
LAP SWIM

2 PM - 4 PM
POOL CLOSED

4 PM - 8 PM
LAP SWIM

TUESDAY

5 AM - 6:30 AM
MASTER SWIM

6:30 AM - 9:30 AM
LAP SWIM

9:30 AM - 12 PM
AQUA FIT ONLY

12 PM - 2 PM
LAP SWIM

2 PM - 4 PM
POOL CLOSED

4 PM - 8 PM
LAP SWIM

5 PM - 8:00 PM
SWIM LESSONS
(LANE 3 & 4)

WEDNESDAY

5 AM - 6 AM
POOL CLOSED

6 AM - 2 PM
LAP SWIM

2 PM - 4 PM
POOL CLOSED

4 PM - 8 PM
LAP SWIM

THURSDAY

5 AM - 6:30 AM
MASTER SWIM

6:30 AM - 9:30 AM
LAP SWIM

9:30 AM - 12 PM
AQUA FIT ONLY

12 PM - 2 PM
LAP SWIM

2 PM - 4 PM
POOL CLOSED

4 PM - 8 PM
LAP SWIM

5 PM - 8:00 PM
SWIM LESSONS
(LANE 3 & 4)

FRIDAY

5 AM - 6 AM
POOL CLOSED

6 AM - 2 PM
LAP SWIM

2 PM - 4 PM
POOL CLOSED

4:00 PM - 7:30 PM
LAP SWIM

SATURDAY

8 AM - 1 PM
LAP SWIM

1 PM - 3 PM
Kayaking
*One lap lane
open

- LAP SWIM
- SWIM LESSONS
- MASTER SWIM
- AQUA FIT
- POOL CLOSED

Lifeguards hold the power to ask all lap swimmers or families to share lanes.
Please note: the ENTIRE pool is reserved during Master Swim & Aqua Fit Classes

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