



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

JULY - SEPTEMBER 2021

# JOHN P. THAYER YMCA

# POOL SCHEDULE

## SUNDAY

1 PM - 4:30 PM  
LAP & FAMILY  
SWIM

## MONDAY

5 AM - 6 AM  
POOL CLOSED

6 AM - 2 PM  
LAP SWIM

2 PM - 4 PM  
POOL CLOSED

4 PM - 8 PM  
LAP SWIM

## TUESDAY

5 AM - 6:30 AM  
MASTER SWIM

6:30 AM - 9:30 AM  
LAP SWIM

9:30 AM - 11:30 AM  
AQUA FIT ONLY

11:30 AM - 2 PM  
LAP SWIM

2 PM - 4 PM  
POOL CLOSED

4 PM - 8 PM  
LAP SWIM

5 PM - 8:30 PM  
SWIM LESSONS  
(LANE 4)

## WEDNESDAY

5 AM - 6 AM  
POOL CLOSED

6 AM - 2 PM  
LAP SWIM

2 PM - 4 PM  
POOL CLOSED

4 PM - 8 PM  
LAP SWIM

## THURSDAY

5 AM - 6:30 AM  
MASTER SWIM

6:30 AM - 2 PM  
LAP SWIM

2 PM - 4 PM  
POOL CLOSED

4 PM - 8 PM  
LAP SWIM

5 PM - 8:30 PM  
SWIM LESSONS  
(LANE 4)

## FRIDAY

5 AM - 6 AM  
POOL CLOSED

6:30 AM - 9:30 AM  
LAP SWIM

9:30 AM - 11:30 AM  
AQUA FIT ONLY

11:30 AM - 2 PM  
LAP SWIM

2 PM - 4 PM  
POOL CLOSED

4 PM - 7:30 PM  
LAP SWIM

## SATURDAY

8 AM - 3:30 PM  
LAP SWIM

- LAP SWIM
- SWIM LESSONS
- MASTER SWIM
- AQUA FIT
- POOL CLOSED

Pool lane reservations are strongly encouraged (2 people per lane) - please see the front desk to schedule.  
Lifeguards hold the power to ask all lap swimmers or families to share lanes.  
Please note: the ENTIRE pool is reserved during Master Swim & Aqua Fit Classes

**JOHN P. THAYER YMCA**  
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ALL YMCA pool rules are in accordance with and adhere to guidelines established by the Muscogee County Health Department, the State of Georgia, and the CDC.