



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

May 31st – August 5th 2022

JOHN P. THAYER YMCA

POOL SCHEDULE

SUNDAY

1 PM – 4:30 PM
LAP & FAMILY
SWIM

MONDAY

5 AM – 6 AM
POOL CLOSED

6 AM – 12 PM
LAP SWIM

8 AM – 11 AM
SWIM LESSONS
(LANE 3 & 4)

12 PM – 3:30 PM
CAMP SWIM
(1 LANE OPEN)

4 PM – 8 PM
LAP SWIM

TUESDAY

5 AM – 6:30 AM
MASTER SWIM

6:30 AM – 9:30 AM
LAP SWIM

9:30 AM – 11:15 AM
AQUA FIT ONLY

11:15 AM – 3:30 PM
CAMP SWIM
(1 LANE OPEN)

4 PM – 8 PM
LAP SWIM

5 PM – 8:30 PM
SWIM LESSONS
(LANE 3 & 4)

WEDNESDAY

5 AM – 6 AM
POOL CLOSED

6 AM – 12 PM
LAP SWIM

8 AM – 11 AM
SWIM LESSONS
(LANE 3 & 4)

12 PM – 3:30 PM
CAMP SWIM
(1 LANE OPEN)

4 PM – 8 PM
LAP SWIM

THURSDAY

5 AM – 6:30 AM
MASTER SWIM

6:30 AM – 9:30 AM
LAP SWIM

9:30 AM – 11:15 AM
AQUA FIT ONLY

11:15 AM – 3:30 PM
CAMP SWIM
(1 LANE OPEN)

4 PM – 8 PM
LAP SWIM

5 PM – 8:30 PM
SWIM LESSONS
(LANE 3 & 4)

FRIDAY

5 AM – 6 AM
POOL CLOSED

6 AM – 12 PM
LAP SWIM

8 AM – 11 AM
SWIM LESSONS
(LANE 3 & 4)

12 PM – 3:30 PM
CAMP SWIM
(1 LANE OPEN)

4 PM – 8 PM
LAP SWIM

SATURDAY

8 AM – 3:30 PM
LAP & FAMILY
SWIM

- CAMP SWIM
- LAP SWIM
- SWIM LESSONS
- MASTER SWIM
- AQUA FIT
- POOL CLOSED

Lifeguards hold the power to ask all lap swimmers or families to share lanes.
Please note: the ENTIRE pool is reserved during Master Swim & Aqua Fit Classes

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