



AUGUST WEEKEND SCHEDULE

SATURDAY - JOHN P. THAYER

<u>FACILITY HOURS</u>
Saturday: 8:00 a.m. - 4:00 p.m.
Sunday: 1:00 p.m. - 5:00 p.m.

<u>CHILD WATCH</u>
Saturday: 8:00 a.m. - 1:30 p.m.

		AUGUST 7TH	AUGUST 14TH	AUGUST 21ST	AUGUST 28TH
8:30 a.m.		LES MILLS BODYPUMP Jillian	LES MILLS BODYPUMP Hannah	LES MILLS BODYPUMP Andrea	LES MILLS BODYPUMP Rachel
9:45 a.m.		LES MILLS RPM Erica	LES MILLS RPM Cassa	LES MILLS RPM Bill	LES MILLS RPM Annika
9:45 a.m.		LES MILLS BODYCOMBAT Jillian	LES MILLS BODYCOMBAT Rachel	LES MILLS BODYCOMBAT Kayla	LES MILLS BODYCOMBAT Tiffany
11:00 a.m.		LES MILLS CORE Andrea	LES MILLS CORE Andrea	LES MILLS CORE Annika	LES MILLS CORE Annika
11:45 a.m.		YOGA Daniel	YOGA Ronni	YOGA Mailea	YOGA Candice M

SUNDAY - JOHN P. THAYER

	AUGUST 1ST	AUGUST 8TH	AUGUST 15TH	AUGUST 22ND	AUGUST 29TH
2:00 p.m.	LES MILLS BODYPUMP Candice P	LES MILLS BODYPUMP Andrea	LES MILLS BODYPUMP Annika	LES MILLS BODYPUMP Nadean	LES MILLS BODYPUMP Jillian

SATURDAY - D.A. TURNER

<u>FACILITY HOURS</u>
Saturday: 8:00 a.m. - 4:00 p.m.
Sunday: 1:00 p.m. - 5:00 p.m.

<u>CHILD WATCH</u>
Saturday: 8:00AM - 12:30 p.m.

		AUGUST 7TH	AUGUST 14TH	AUGUST 21ST	AUGUST 28TH
8:30 a.m. Room #1		LES MILLS BODYPUMP Kayla	LES MILLS BODYPUMP Nadean	LES MILLS BODYPUMP Jillian	LES MILLS BODYPUMP Erica
9:00 a.m. Room #2		LES MILLS sprint Bill	LES MILLS sprint Kim	LES MILLS sprint Nadean	LES MILLS sprint Bill
9:45 a.m. Room #1		LES MILLS SH'BAM Kayla	LES MILLS SH'BAM Nadean	LES MILLS SH'BAM Andie	LES MILLS SH'BAM Candice
9:45 a.m. Room #2		YOGA Sara	YOGA Ashley	YOGA Ronni	YOGA Ashley
10:30 a.m. Room #1		POUND Brandy	POUND Brandy	POUND Abby	POUND Abby

SUNDAY - D.A. TURNER

	AUGUST 1ST	AUGUST 8TH	AUGUST 15TH	AUGUST 22ND	AUGUST 29TH
3:00 p.m.	YOGA Ashley	YOGA Katie V	YOGA Daniel	YOGA Candice M	YOGA Sara