



## MAY WEEKEND SCHEDULE

### SATURDAY - JOHN P. THAYER

**FACILITY HOURS**  
**Saturday:**  
 8:00 a.m. - 4:00 p.m.  
**Sunday:**  
 1:00 p.m. - 5:00 p.m.

**CHILD WATCH**  
**Saturday:**  
 8:00 a.m. - 1:30 p.m.

**YMCA YOGA @ FETCH PARK!**  
 You won't want to miss Yoga at Fetch Park **Saturday, May 6th @ 8:30 am** with Candice M.!  
 \*See the front desk for details



*Launch Dates*	6-May	5/13/2023 BodyPump & RPM	20-May	27-May
9:00 a.m.	LES MILLS BODYPUMP Erica	LES MILLS BODYPUMP Nadean	LES MILLS BODYPUMP Annika	LES MILLS BODYPUMP Drea
10:15 a.m.	LES MILLS RPM Cynthia	LES MILLS RPM Erica	LES MILLS RPM Annika	LES MILLS RPM Jillian
10:15 a.m.	LES MILLS BODYCOMBAT Tiffany	LES MILLS BODYCOMBAT Tiffany	LES MILLS BODYCOMBAT Paola	LES MILLS BODYCOMBAT Tiffany
10:30 a.m.	Aqua Fit Jennifer	Aqua Fit Jennifer	Aqua Fit Jennifer	Aqua Fit Annika
11:15 a.m.	LES MILLS CORE Drea	LES MILLS CORE Joy	LES MILLS CORE Joy	LES MILLS CORE Drea
12:00 p.m.	YOGA Ronni	YOGA Catherine	YOGA Ronni	YOGA Daniel

### SUNDAY - JOHN P. THAYER

	7-May	14-May	21-May	28-May
2:00 p.m.	LES MILLS BODYPUMP Cynthia	LES MILLS BODYPUMP Drea	LES MILLS BODYPUMP Andrea D	LES MILLS BODYPUMP Jane
3:00 p.m.	MBXFIT Stephanie	MBXFIT Leida	MBXFIT Leida	MBXFIT Stephanie

### SATURDAY - D.A. TURNER

**FACILITY HOURS**  
**Saturday:**  
 8:00 a.m. - 4:00 p.m.  
**Sunday:**  
 1:00 p.m. - 5:00 p.m.

**CHILD WATCH**  
**Saturday:**  
 8:00AM - 12:30 p.m.

*Launch Dates*	6-May	5/13/2023 BodyPump & RPM	20-May	27-May
8:30 a.m. Room #2	LES MILLS BODYPUMP Corey	LES MILLS BODYPUMP Drea	LES MILLS BODYPUMP Corey	LES MILLS BODYPUMP Joy
9:00 a.m. Room #1	LES MILLS sprint Jane	LES MILLS sprint Tiffany	LES MILLS sprint Rachel	LES MILLS sprint Jane
9:45 a.m. Room #2	LES MILLS SH'BAM Candi P	MBXFIT Shanna	LES MILLS SH'BAM Candi P	MBXFIT Shanna
10:45 a.m. Room #2	YOGA Candi P	YOGA Daniel	YOGA Candi P	YOGA Ronni

### SUNDAY - D.A. TURNER

	7-May	14-May	21-May	28-May
2:00 p.m.	LES MILLS RPM Annika	LES MILLS RPM Annika	LES MILLS RPM Chris	LES MILLS RPM Sonya
3:00 p.m.	YOGA Catherine	YOGA Candice M	YOGA Candice M	YOGA Candice M