



SEPTEMBER WEEKEND SCHEDULE

SATURDAY - JOHN P. THAYER

FACILITY HOURS
Saturday:
 8:00 a.m. - 4:00 p.m.
Sunday:
 1:00 p.m. - 5:00 p.m.

CHILD WATCH
Saturday:
 8:00 a.m. - 1:30 p.m.

	3-Sep	10-Sep	17-Sep	24-Sep
9:00 a.m.	LES MILLS BODYPUMP Joy	LES MILLS BODYPUMP Erica	LES MILLS BODYPUMP Candi P	LES MILLS BODYPUMP Annika
10:15 a.m.	LES MILLS RPM Alfreda	LES MILLS RPM Erica	LES MILLS RPM Tiffany	LES MILLS RPM Alfreda
10:15 a.m.	LES MILLS BODYCOMBAT Candi P	LES MILLS BODYCOMBAT Paola	LES MILLS BODYCOMBAT Kayla	LES MILLS BODYCOMBAT Paola
10:30 a.m.		Aqua Fit Jennifer		Aqua Fit Jennifer
11:15 a.m.	LES MILLS CORE Annika	LES MILLS CORE Drea	LES MILLS CORE Joy	LES MILLS CORE Annika
12:00 p.m.	YOGA Jillian	YOGA Daniel	YOGA Ashley	YOGA Candi P

SUNDAY - JOHN P. THAYER

	4-Sep	11-Sep	18-Sep	25-Sep
2:00 p.m.	LES MILLS BODYPUMP Drea	LES MILLS BODYPUMP Annika	LES MILLS BODYPUMP Corey	LES MILLS BODYPUMP Cynthia

SATURDAY - D.A. TURNER

FACILITY HOURS
Saturday:
 8:00 a.m. - 4:00 p.m.
Sunday:
 1:00 p.m. - 5:00 p.m.

CHILD WATCH
Saturday:
 8:00AM - 12:30 p.m.

	3-Sep	10-Sep	17-Sep	24-Sep
8:30 a.m. Room #2	LES MILLS BODYPUMP Drea	LES MILLS BODYPUMP Candi P	LES MILLS BODYPUMP Jane	LES MILLS BODYPUMP Kayla
9:00 a.m. Room #1	LES MILLS sprint Kim	LES MILLS sprint Jane	LES MILLS sprint Cynthia	LES MILLS sprint Rachel
9:45 a.m. Room #1	MIXEDFIT Leida	LES MILLS SH'BAM Candi P	MIXEDFIT Leida	LES MILLS SH'BAM Kayla
10:45 a.m. Room #2	YOGA Ashley	YOGA Candi P	YOGA Daniel	YOGA Ronni

SUNDAY - D.A. TURNER

	4-Sep	11-Sep	18-Sep	25-Sep
3:00 p.m.	YOGA Ronni	YOGA Candice M	YOGA Candice M	YOGA Ronni