



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Effective January 04, 2023

JOHN P. THAYER YMCA

GYM SCHEDULE

SUNDAY

1 PM - 5 PM
PICKLEBALL

MONDAY

5 AM - 7 AM
Breakfast Club

7 AM - 9 AM
Open Gym

9 AM - 1 PM
PICKLEBALL

1 PM - 6 PM
OPEN GYM

6 PM - 9 PM
MEN'S BASKETBALL LEAGUE

In accordance with Governor Kemp's Executive Order: ALL gymnasium activities must be conducted following measures to prevent the spread of COVID-19.

TUESDAY

5 AM - 9 AM
OPEN GYM

9 AM - 1 PM
PICKLEBALL

1 PM - 6 PM
OPEN GYM

6 PM - 9 PM
VOLLEYBALL

WEDNESDAY

5 AM - 6 PM
OPEN GYM

6 PM - 9 PM
VOLLEYBALL

THURSDAY

5 AM - 9 AM
OPEN GYM

9 AM - 1 PM
PICKLEBALL

1 PM - 6 PM
OPEN GYM

6 PM - 9 PM
MEN'S BASKETBALL LEAGUE

FRIDAY

5 AM - 7 AM
Breakfast Club

7 AM - 9 AM
Open Gym

9 AM - 2 PM
BASKETBALL

2 PM - 5 PM
OPEN GYM

5 PM - 8 PM
PICKLEBALL*

*Facility closes at 8 pm on Fridays & Parents Night Out may reserve the gym during scheduled events.

SATURDAY

9 AM - 3 PM
MEN'S BASKETBALL LEAGUE

- OPEN GYM
- BASKETBALL
- PICKLEBALL
- VOLLEYBALL

RESPECT THE RIGHTS OF OTHER GROUPS USING THE GYMNASIUM
NO FOOD OR OPEN DRINKS ALLOWED; DISCARD ALL TRASH INTO TRASH CANS
NO FOUL LANGUAGE WILL BE TOLERATED; NO HORSEPLAY OR FIGHTING
NO HARD HARD BALLS ALLOWED; NO HANGING ON RIMS

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YMCA STAFF RESERVE THE RIGHT TO REMOVE ANYONE WHO CHOOSES NOT TO COMPLY WITH THE POSTED YMCA RULES AND POLICIES.
THE YMCA RESERVES THE RIGHT TO MAKE CHANGES TO THE GYMNASIUM SCHEDULE AS DEEMED NECESSARY.