



APRIL WEEKEND SCHEDULE








SATURDAYS - JOHN P. THAYER

FACILITY HOURS





Saturday:
8:00 a.m. - 4:00 p.m.
Sunday:
1:00 p.m. - 5:00 p.m.

CHILD WATCH

Saturday:
8:00 a.m. - 1:30 p.m.

	6-Apr	13-Apr	20-Apr	27-Apr
9:00 a.m.	LES MILLS BODYPUMP COREY	LES MILLS BODYPUMP CANDI P	7:30 a.m. 	LES MILLS BODYPUMP COREY+ KATIE+ERICA
10:00 a.m.	 Aqua Fit JAMELLE	 Aqua Fit JAMELLE		 Aqua Fit ANNIKA
10:15 a.m.	LES MILLS RPM DREA	LES MILLS RPM ALFREDA	8:00 a.m. 	LES MILLS RPM HANNAH
11:15 a.m.	LES MILLS CORE DREA	LES MILLS CORE JOY		LES MILLS CORE ANNIKA
12:00 p.m.	 the COUCH TO 5K 8-WEEK TRAINING JOY	 the COUCH TO 5K 8-WEEK TRAINING JOY		
12:00 p.m.	YOGA CANDICE	YOGA RONNIE		YOGA KARA

SUNDAYS - JOHN P. THAYER

	7-Apr	14-Apr	21-Apr	28-Apr
2:00 p.m.	LES MILLS BODYPUMP ROBIN	LES MILLS BODYPUMP ALFREDA	LES MILLS BODYPUMP JILLIAN	LES MILLS BODYPUMP ANNIKA + DREA
3:15 p.m.	 MIXXEDFIT	 MIXXEDFIT TINA	 MIXXEDFIT VERONICA	 MIXXEDFIT LEIDA

SATURDAYS - D.A. TURNER

FACILITY HOURS

Saturday:
8:00 a.m. - 4:00 p.m.
Sunday:

CHILD WATCH

Saturday:
8:00AM - 1:00 p.m.

	6-Apr	13-Apr	20-Apr	27-Apr
8:30 a.m. Room #2	LES MILLS BODYPUMP ERICA	LES MILLS BODYPUMP DREA	LES MILLS BODYPUMP ANNIKA	LES MILLS BODYPUMP CANDI P+ JILLIAN+JOY
9:45 a.m. Room #2	LES MILLS BODYCOMBAT CANDI P	LES MILLS BODYCOMBAT JILLIAN	LES MILLS BODYCOMBAT KAYLA	LES MILLS BODYCOMBAT CANDI P
10:45 a.m. Room #2	LES MILLS CORE ANDIE	LES MILLS CORE DREA	LES MILLS CORE ANNIKA	LES MILLS CORE JOY

SUNDAYS - D.A. TURNER

	7-Apr	14-Apr	21-Apr	28-Apr
2:00 p.m. Room #1	LES MILLS sprint DWAYNE	LES MILLS sprint JANE	LES MILLS sprint KIM	LES MILLS sprint KIM + JANE
3:00 p.m. Room #2	YOGA CANDICE	YOGA KARA	YOGA RONNIE	YOGA KIM