

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

Effective April 2024

JOHN P. THAYER YMCA

POOL SCHEDULE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

SATURDAY

830AM-3:30PM

LAP SWIM

5 AM - 6AM **CLOSED**

1:30 PM-4:30PM

LAP & FAMILY **SWIM**

6 AM - 8 PM

LAP SWIM

5PM - 730PM **SWIM LESSONS LANE 3&4**

6 AM - 8 PM

LAP SWIM

11:15AM **AOUAFIT**

5PM - 730 PM **SWIM LESSONS LANE 3&4**

9:30AM -

ONLY

6 AM - 8 PM

LAP SWIM

5PM - 730 PM **SWIM LESSONS**

LANE 3&4

6 AM - 8PM

LAP SWIM

9:30AM -11:15AM **AQUAFIT** ONLY

5PM - 730 PM **SWIM**

> **LESSONS LANE 3&4**

6 AM - 7:30 PM

LAP SWIM

9:30AM -11:15AM **AQUAFIT** ONLY

5PM - 730 PM MAKE-UP **SWIM**

LESSONS LANE 3&4

JOHN P. THAYER YMCA

24 14th Street Columbus, GA 31901 (P): 706.322.8269 I (W): www.columbusymca.com LIFEGUARDS HOLD THE POWER TO ASK ALL LAP SWIMMERS OR FAMILIES TO SHARE LANES.

LIFEGUARDS HOLD THE POWER TO ASK ANY MEMBER OR NON-MEMBER TO LEAVE THE POOL AREA IF RULES ARE NOT BEING **FOLLOWED**

PLEASE NOTE: SPA AND ONE LAP LANE IS AVAILABLE DURING AQAUFIT



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Effective April 2024

D.A. TURNER YMCA

POOL SCHEDULE

SUNDAY

MONDAY

TUESDAY

WEDNESDAY THURSDAY FRIDAY

SATURDAY

1:30 PM - 4:30 PM **OPEN SWIM**

6 AM - 8 PM **OPEN SWIM**

9 AM - 11 AM IESSONS (LANES 1-2)

11:15 AM - 12:45 PM **AOUA FIT** (LANES 1-4)

4 PM - 6 PM **SWIM TEAM** (LANES 2-8) LANES 7-8 till 6:30 PM

6 PM - 8 PM LESSONS (LANES 1-2)

6:30 PM - 7:30 PM Y.C.S. (LANES 7-8)

6 AM - 8 PM **OPEN SWIM**

4 PM - 6 PM **SWIM TEAM** (LANES 2-8) LANES 7-8 till 6:30 PM 6 PM - 8 PM

LESSONS (LANES 1-2)

6:30 PM - 7:30 PM Y.C.S. (LANES 7-8)

6 AM - 8 PM **OPEN SWIM**

9 AM - 11 AM LESSONS (LANES 1-2)

11:15 AM - 12:45 PM **AOUA FIT** (LANES 1-4)

6 PM - 8 PM LESSONS (LANES 1-2)

6 AM - 8 PM **OPEN SWIM**

5:30PM - 6:30PM

SPECIAL OLYMPICS

SWIM TEAM

(LANES 7-8)

LESSONS

(LANES 1-2)

6 PM - 8 PM

11:15 AM - 12:45 PM **AOUA FIT** (LANES 1-4)

6 AM - 7:30 PM

OPEN SWIM

4 PM - 6 PM **SWIM TEAM** (LANES 2-8) LANES 7-8 till 6:30 PM

MAKEUP LESSONS

8:30 AM - 3:30 PM **OPEN SWIM**

8 AM - 11 AM **SWIM TEAM** (LANES 5-8)

6 PM - 8 PM

OPEN SWIM SWIM LESSONS AQUA FIT SWIM TEAM Y.C.S.

CAMP SWIM

Lifequards hold the power to ask all lap swimmers or families to share lanes. Please do not enter the pool before 15 minutes prior to Aqua class start time.

D.A. TURNER YMCA

4384 Warm Springs Road Columbus, GA 31909 (P): 706.563.7001 (W): www.columbusymca.com