



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S PLAY PICKLEBALL



What's the big dill? Pickleball, a new and exciting sport offered by the YMCA of Metropolitan Columbus, GA for everyone! Come try this popular game that is sure to give you a great workout while offering competitive fun and social interaction.

The Rules

Pickle ball is played either as doubles or singles; doubles is most common. The game is easy to learn for beginners, while still offering a challenge for skilled players.

The Equipment

Pickleball Courts are the same size as badminton courts (20'x44'). The net height is 36 inches at the sidelines & 34 inches in the middle. Each player uses a standard pickleball paddle (**smaller than a tennis racket but larger than a ping-pong paddle.**) A pickleball is similar to a whiffle ball, and has about a 3 inch diameter. **EQUIPMENT IS PROVIDED**

The Location, Time & Date, Cost

John P. Thayer YMCA Gymnasium

24 14th Street Columbus, GA 31901

Mondays and Thursdays

9:30am – 12:00pm

Cost

\$3.00 for non-YMCA Members; Free for Members

For more information, please contact:

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